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July 22, 2025

Dear Parents:

Sacramental Catechesis provides the participant the opportunity to encounter Christ in a special way. The process is concerned with leading the person into the sacramental mystery he or she is about to celebrate and that he or she is formed, shaped and transformed by that mystery. This is what we strive for in the First Reconciliation and First Holy Communion sacramental preparation program for the children of St. Anastasia Parish.

According to our records, your child meets the following criteria in order to partake in this process:

- ◆ The child must be baptized Catholic—[**a copy of your child's baptismal certificate is required**]
- ◆ The child actively participated in a Catholic school, Parish Religious Education program or a Catholic homeschool program in 2024-2025
- ◆ The child enrolls in a Parish Religious Education, Catholic School or Catholic homeschool program for the 2025-2026 calendar year
- ◆ The child is in the second grade or above and at least seven years of age

The process of formation for these sacraments is family based. The NDC states, "Children's preparation for first reception...begins in the home. The family has the most important role in communicating the Christian and human values that form the foundation..." (126). Keeping in line with this understanding, materials are provided at the Parent & Child Workshop to assist you in this immediate preparation process.

Enclosed is the First Reconciliation/First Communion preparation registration form, photo release form and calendar. Be sure to complete the enclosed forms in their entirety and return them to the parish office.

I look forward to assisting you in forming your child for these most important sacraments. Feel free to contact me if you have any questions regarding this matter.

Sincerely in Christ,

Denise Pressley

Denise Pressley, *M.P.S.*

Director of Faith Formation