

Opening Your Heart

CALENDAR SYLLABUS FOR YOUR WALKING WITH PURPOSE PROGRAM

LOCATION: St Anastasia Catholic Church – St Enda of Aran Faith Formation Building

TIME: Wednesday mornings 9:45–11:45

Materials: A Bible and *Opening Your Heart* study guide

(Connect Coffee talks are [accessible online](#) or through DVD purchase)

SESSION	DATE	LESSON DETAILS
Session One	October 1	Lesson 1: Connect Coffee Talk 1 Four Steps to Walking with Purpose
Session Two	October 8	Lesson 2: Who Is Jesus Christ?
Session Three	October 15	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	October 22	Lesson 4: Why and How Should I Pray?
Session Five	October 29	Lesson 5: Connect Coffee Talk 2 God—First Place in All Things
Session Six	November 5	Lesson 6: Who Is the Holy Spirit?
Session Seven	November 12	Lesson 7: Why Should I Read the Bible?
Session Eight	November 19	Lesson 8: What Is Grace and What Difference Does It Make?
Session Nine	December 3	Lesson 9: What Are the Limits of Christ's Forgiveness?
Session Ten	December 10	Lesson 10: Connect Coffee Talk 3 Your Heart—You Are Captivating
Session Eleven	December 17	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?



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SESSION	DATE	LESSON DETAILS
Session Twelve	January 7	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	January 14	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	January 21	Lesson 14: Connect Coffee Talk 4 Marriage—Transformed by Grace
Session Fifteen	January 28	Lesson 15: What Is the Role of Suffering in My Life?
Session Sixteen	February 4	Lesson 16: What Does Mary Have to Do with My Relationship with Christ?
Session Seventeen	February 11	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	February 18	Lesson 18: Connect Coffee Talk 5 Children—Reaching Your Child’s Heart
Session Nineteen	February 25	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty	March 4	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	March 11	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	March 18	Lesson 22: Connect Coffee Talk 6 Outside Activities—Set the World on Fire