

## *Rebuilding:*

### *When Your Relationship Ends*

All facilitators have experienced this type of loss and have been through the Rebuilding class which includes:

- ♦ **Variety of speakers**
- ♦ **Confidentiality**
- ♦ **Compassionate support**
  - ♦ **Education**
  - ♦ **Spiritual direction**
  - ♦ **Supportive activities**

**Day:** Tuesdays

**Time:** 6:30—8:30 p.m.

**Place:** St. Anastasia

Catholic Church

5205 A1a South

St. Augustine, FL 32080

St. Enda of Aran Formation

Center

**Cost:** \$60.00 includes books and fees\*\*

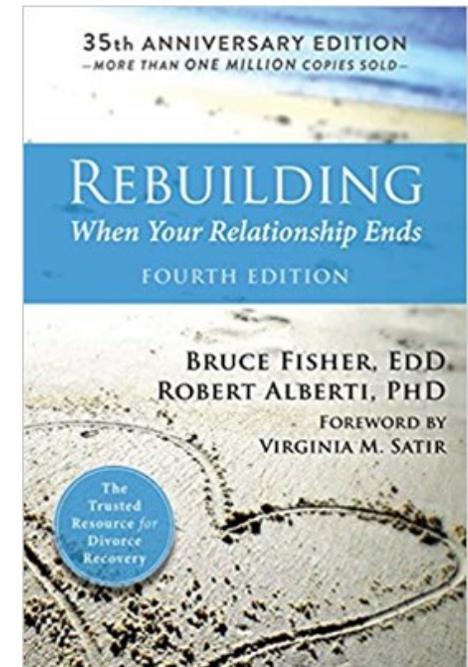
**To Register:**

Contact Denise Pressley at

904-471-5364 or [dre@saccfl.org](mailto:dre@saccfl.org)

\*\*For more information or financial assistance contact Denise Pressley at 904-471-5364 or email: [dre@saccfl.org](mailto:dre@saccfl.org)

# Divorced, Separated & Widowed Ministry



**Sessions begin October 5, 2021**

St. Anastasia Catholic Church  
5205 A1A S., St. Augustine, FL

## *Rebuilding When Your Relationship Ends*

**Rebuilding When Your Relationship Ends** is a ten-week educational seminar for separated, divorced and widowed persons, which can be employed for rebuilding lives. The sessions are closed groups that study, discuss and pray together with absolute confidentiality and compassionate support, facilitated by experienced and professional leaders.

## *Calendar*

SESSION	DATE	TOPIC
Session One	October 5	The Rebuilding Blocks
Session Two	October 12	Adaptation
Session Three	October 19	Grief
Session Four	October 26	Anger
Session Five	November 2	Self-Worth
Session Six	November 9	Transition
Session Seven	November 16	Openness
Session Eight	November 30	Love
Session Nine	December 7	Relatedness
Session Ten	December 14	Sexuality

**LOCATION:**

ST. ANASTASIA PARISH  
5205 A1A SOUTH,  
ST. AUGUSTINE, FL 32080

ST. ENDA OF ARAN FORMATION  
CENTER

**DAY:** TUESDAYS

**TIME:** 6:30—8:30 P.M.

**COST:** \$60.00—INCLUDES  
BOOKS AND REGISTRATION\*\*

**REGISTRATION:**

\*\*FOR MORE INFORMATION, TO  
REGISTER OR FINANCIAL ASSISTANCE  
CONTACT DENISE PRESSLEY AT  
904-471-5364- EMAIL: DRE@SACFL.ORG